

Snow Much Olympic Fun!

The Winter Olympics is back for 2026, and lots of people are starting to get excited! The Games will be held in Italy, in two places called Milan and Cortina. The Winter Olympics is a special sports event, where athletes compete on snow and ice. Sports include skiing, skating, and snowboarding. The first Winter Olympics was held over 100 years ago, in 1924, and the Games take place every four years. Italy has hosted the Winter Olympics before. Cortina last welcomed the Games in 1956, so the snowy town is getting ready to welcome athletes again after many years. Teams from countries all around the world will take part, including Team GB. Some



Pictured: A skier on the slopes. Skiing is one of the Winter Olympic sports. **Source:** Canva.

athletes will be going to the Olympics for the very first time, which is a big moment for them. The Games will run from 6th - 22nd February. Co-founder of the International Olympic Committee, Pierre de Coubertin, once said, 'The important thing is not to win, but to take part.'

Which sport would you most like to watch or try?

Cooking Up A Little Help

A community group in Meir, Stoke-on-Trent, England, is giving out free air fryers. The group, Meir Matters, wants to help people learn how to cook healthy food. An air fryer is a kitchen machine that cooks food using hot air. It can be quicker than an oven, uses



Pictured: An air fryer.
Source: Canva.

less energy, and does not need lots of oil to cook food so can be a healthier way to make meals. The idea comes after research was conducted by the University of Staffordshire. The findings showed that more people in the area need help with what they eat. Michelle Swift, who helps run Meir Matters, described the project and said its aim is to 'help people save money, eat healthy, do it on a budget and reduce waste at the same time.' Michelle talked about the project's impact on families, which 'saves them time and ... gets the family involved in cooking.'

**Do you like to help cook at home?
What is your favourite meal?**

Does how we behave matter as much as how well we play?



Yes! Just because you are very good at football does not mean you can be mean or disrespectful.
Donna

Let us know what you think about this week's news



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Sending your name around the Moon!

NASA's Artemis campaign is sending four astronauts to fly around the Moon and back on the Artemis II rocket. The mission is to test NASA's deep space capabilities, as humans travel on the Space Launch System rocket and Orion spacecraft for the first time. NASA invited everyone to join in and feel part of the flight, by sending their name into space and getting their own boarding passes!



Pictured: NASA's Artemis II rocket at the launch pad. Source: NASA's Marshall Space Flight Center on Facebook.



Pictured: An example of an Artemis II boarding pass. Source: NASA's Marshall Space Flight Center on Facebook.

Over 3.5 million people will have their name launched around the Moon, alongside NASA astronauts Reid Wiseman, Victor Glover, Christina Koch, and Canadian Space Agency astronaut, Jeremy Hansen. Submitted names have been added to an SD card that will fly inside Orion, as the Artemis II mission launches to fly around the Moon! NASA says this flight is a step toward crewed missions to the lunar surface and will help the agency prepare for future astronaut missions to Mars.

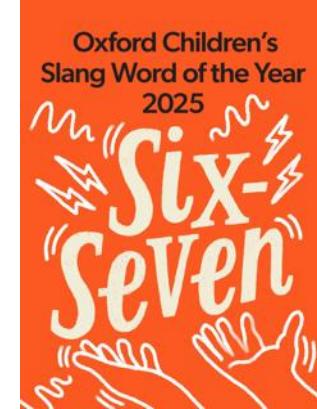
Do you think this is a good way to help people feel involved and interested in space missions?

Where would you like to send your name?

Let us know what you think about this week's news

'Six-Seven'

'Six-seven' has been named children's slang word of the year in a survey by Oxford University Press (OUP). 5,000 children from 6 to 14 years old were asked about their favourite slang words. Almost half (46%) chose 'six-seven' as their winner! 'Aura' came second (24%), followed by 'Delulu' in third place (7%). 'Aura' can refer to a person's vibe, with someone able to 'lose aura points' for uncool behaviour or 'gain aura points' for impressive acts. 'Delulu', comes from the word delusional, meaning believing things that are not real or true. Despite being voted the favourite word, 1 in 10 children who took part in the survey said they don't think 'six-seven' has a real meaning! Experts are divided as to its actual meaning, but say slang words can be used to help people feel connected, build a



Pictured: Six-Seven announced as Children's slang word of the year 2025.

Source: University of Oxford on Facebook.

sense of belonging and identity, and promote communication and expression. Andrea Quincey, from OUP, said the phrase had brought 'laughter and joy and connection with friends.' They explained, 'We see how important it is for children to have agency over their language away from the grown-up world and share words that adults can't understand.'

Do you think that slang words are important? Have you ever said 'six-seven', 'aura', or 'delulu'?

Does how we behave matter as much as how well we play?



I think everyone should always be nice to people, but sometimes professional footballers feel a lot of pressure and can get annoyed.
James



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